

PLEASE RESERVE A PLACE FOR ME ON A 'RIDE WITH YOUR MIND' COURSE AT OVERDALE EQUESTRIAN CENTRE.

Name				
Address & Postcode				
Telephone	Day	Evening		
Email Address				
Emergency Contact	Name	Contact Number		
About You	I Have Attended Previous Courses – NO / YES Had lessons with a RWYM coach – NO / YES			
	If NO, how did you hear of these courses? FRIEND / BOOKS / DEMONSTRATION / MAGAZINE ARTICLE / INTERNET / INTELLIGENT HORSEMANSHIP / WHERE ?			
	Age Group: Under 16 / 16 – 25 / 26 – 35 / 36 – 50 / 50+			
Your Health	Do You Have Any Medical Conditions That May Affect Your Ability To Ride, Or That We Should Know About In Case Of Emergency? YES / NO Have You Ever Suffered Any Serious Injury Or Discomfort Whilst Riding? YES / NO IF YES, PLEASE DESCRIBE ON REVERSE OF FORM			
Accommodation	Please arrange for me to stay with a local family, £25.00 cash per night (shared rooms, in walking distance, min 2 nights) – YES / NO, my 1st night will be _____ day, my last night _____ day			
Your Horse (Mounted courses only)	I will be bringing my own horse YES / NO – please provide a horse for me. If 'NO' My Height _____ Weight _____ please indicate your experience on reverse of form. If 'YES' please state size & type. Does he chew wood /crib/ kick doors/ escape /weave /bite ...etc? (or is he the kind of well behaved horse we most like to have around?!) I would prefer a small paddock to a stable if available (not guaranteed – numbers/ground conditions may make this impossible. Horses must respect electric fencing) – YES / NO			
Your choice of 2 nd session (circle)	Supervised flatwork / extra dismounted session / pole work (4 day only) / jumping (4 day only)			
COURSE	2 DAY MOUNTED	4 DAY MOUNTED	THEMED TT	TEACHER TRAINING
1 ST CHOICE DATES				BASIC / ADV
2 ND CHOICE DATES				
Deposit payable to Mary Wanless	£200	£340	£160	£120

I enclose a deposit of £..... I understand that this is non-refundable, and will only be held over for a future course if a replacement is found for me. I will not hold Mary Wanless, the teaching team, or Overdale Equestrian Centre, responsible for any accident or illness which may arise in connection with this course. I acknowledge that riding is a risk sport, that participation may hold potential danger, and that all horses may react unpredictably on occasions. I understand that I must perform all procedures in the way I have been instructed, and that I may put myself at risk by not doing so. If I do not feel comfortable doing any procedure I have the right to refuse. I reserve the right not to ride a horse allocated to me, and to request a change of coach. I understand that riders are recommended to wear back protectors for jumping. I confirm that to the best of my knowledge all the above details are correct.

Signed..... Date.....

OPTIONAL EXTRAS - PLEASE TICK BOXES IF INTERESTED.

<p>Extra lesson with Mary Wanless (ridden courses only) – on the Friday or Monday afternoon of arrival 45 min private £70, pairs for one hour £58. If we provide a horse add £10.00 per person.</p>		
<p>Individual Simulator Lesson with Karin Major (RWYM Coach) – Cost £56 for 30 mins</p>		
<p>Feldenkrais (Movement) lessons with Karin Major (RWYM Coach) – Cost £56 Through Functional Integration and Awareness Through Movement lessons you can learn to move in ways you may never have imagined possible – a great way to ease pain or improve your riding.</p>	Taster	
	Daily	
<p>Equine Sports Massage with Pennie Hooper – Cost £70 (special introductory price!)</p> <p>Pennie trained in equine therapy at the Jack Meagher Institute in the USA . Sessions last 40 minutes to 1 hour. The horses love them and benefit enormously. Pennie can give you a good read-out on the state of your horse's muscle system, and some exercises/stretchches to do with him.</p>		

**Please return to: The Course Organiser, 1, Burtons Bank,
Church Westcote, Nr Chipping Norton, Oxon OX7 6SE. Tel: 01993 831193**